



ROYAL SPA

SPA CUISINE

SALADS R250

FIRE-ROASTED BEETROOT & PRESERVED FIG

Fire-roasted beetroot, preserved figs, mixed leaves, creamy goat's cheese, fresh dill and classic vinaigrette. (D)

CLASSIC CAESAR SALAD

Crisp cos lettuce, free-range boiled egg, anchovy dressing, shaved Parmigiano Reggiano and herb croutons. (G, E, D, F)

Enhance Your Caesar (Select One)

- Avocado
- Crispy Bacon
- Grilled Chicken Breast
- Minute Sirloin Steak
- Smoked Salmon
- Grilled Prawns

GOURMET SANDWICH R265

GREEN SALMON TOASTIE

Toasted sourdough layered with avocado, cottage cheese, baby spinach, cucumber ribbons, smoked salmon, fresh chives and honey mustard vinaigrette. (D)

PASTA R195

Choice of Pasta - Penne • Spaghetti • Linguine

CHICKEN ALFREDO PARMIGIANO

Creamy Parmesan sauce with grilled chicken, finished with toasted chive panko. (G, D)

PASTA ARRABBIATA

Traditional Italian tomato sauce with garlic, chilli and extra virgin olive oil. (G)

SIGNATURE BOARD R675

KING'S BOARD PLATTER

A generous sharing selection combining our signature snack board and artisan cheese board. (G, D, N)

KIDS' MENU R155

CHEESE TOASTIE

Served with French fries or a side salad. (G, D)

PANKO-CRUSTED CHICKEN TENDERS

Golden-fried chicken tenders served with French fries or a side salad. (G, E)

BEEF SLIDERS (2)

Mini beef burgers served with French fries or a side salad. (G)



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DESSERTS R195

SEASONAL FRESH FRUIT PLATE

A selection of freshly sliced seasonal fruit served with Chantilly cream or vanilla custard and a house-made berry compote. (D)

CAKE OF THE DAY

Please enquire with your waitron for today's freshly baked cake selection.

SMOOTHIES R125

CACAO KICK

A nourishing blend of cacao powder, banana, coconut flakes, Medjool dates, chia seeds, almond butter and almond milk.
(GF, RFS, V, DF)

GREEN HYDRATOR

Refreshing banana, coconut water, baby spinach, cucumber, lemon juice, chia seeds, fresh mint and ginger juice.
(GF, RFS, V, DF)

COLD-PRESSED JUICES R100

GREEN REVIVAL JUICE

Apple, cucumber, celery, spinach, lemon and fresh ginger.
(GF, RFS, V, DF)

PINE MINT COOLER

Pineapple, cucumber, coconut water, mint, lemon and fresh ginger. (GF, RFS, V, DF)

GOLDEN CITRUS JUICE

Fresh orange, carrot, lemon, ginger and turmeric.
(GF, RFS, V, DF)

WELLNESS HOT DRINKS R100

All beverages are served with full cream milk. Almond or oat milk is available on request at an additional charge.

HOT CHOCOLATE WITH A TWIST

Premium cacao blended with maca powder, cinnamon, collagen and coconut sugar. (GF, RFS)

TURMERIC VANILLA SPICED LATTE

A comforting blend of turmeric, aromatic spices and natural vanilla for a warming wellness drink. (GF, RFS)

CHAMPAGNE, SPARKLING WINE AND WINE

	Glass	Bottle
Valdo Prosecco DOCG Brut	R 350	R 1 400
Paul Cluver Chardonnay	R 250	R 1 000
Boekenhoutskloof Carbenet Sauvignon	R 450	R 1 750
Moet & Chandon Rose Imperial		R 3600
GH Mumm Cordon Rougee		R 3500